

The Orchards Primary Academy

Where learning has no limits and personal growth is endless...

PE Long Term Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Introduction to PE: Unit 1 and Unit 2	Ball skills: Unit 1 and Unit 2	Dance: Unit 1 and Unit 2	Fundamentals: Unit 1 and Unit 2	Games: Unit 1 and Unit 2	Gymnastics: Unit 1 and Unit 2
Year 1	Ball Skills Fundamentals	Invasion Games Net and Wall Games	Dance Fitness	Gymnastics Yoga	Sending and Receiving Target Games	Athletics Net and Wall Games
Year 2	Fitness Fundamentals	Ball skills Sending and Receiving	Dance Fitness	Yoga Gymnastics	Net and Wall Games Striking and Fielding Games	Athletics Striking and Fielding Games
Year 3	Swimming Fundamentals	Swimming Gymnastics	Dance Ball Skills	Hockey Fitness	Athletics Rounders	Netball OAA
Year 4	Fundamentals Netball	Tag Rugby Hockey	Swimming Dance	Swimming Gymnastics	Tennis Hockey	Cricket Athletics
Year 5	Dance Hockey	Tag Rugby Football	Gymnastics Dodgeball	Tennis Dance	Swimming Basketball	Athletics Rounders
Year 6	Fitness Football	Tag Rugby Dodgeball	Dance Basketball	Gymnastics Volleyball	OAA Tennis	Swimming Athletics